

# VARK Course Activities

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<b>Activities</b>		
	<b>Asynchronous</b>	<b>Synchronous</b>
<b>V</b> isual	<ul style="list-style-type: none"> <li>▪ Outline of content for each session at beginning</li> <li>▪ Each diagnosis is covered in a folder with multiple tabs</li> <li>▪ Decision trees are available</li> <li>▪ Written content appears side-by-side with the video</li> </ul>	<ul style="list-style-type: none"> <li>▪ A whiteboard is available for drawing                             <ul style="list-style-type: none"> <li>○ Concept maps</li> <li>○ Graphs</li> </ul> </li> </ul>
<b>A</b> ural	<ul style="list-style-type: none"> <li>▪ Instructor gives real life examples from her experiences</li> <li>▪ Podcasts of individuals talking about living with their illnesses</li> </ul>	<ul style="list-style-type: none"> <li>▪ Overall mode is interactive and not didactic—specific DSM content has been covered in the asynchronous section</li> <li>▪ Each session begins with the Instructor answering questions from the students about material covered in the asynchronous session</li> <li>▪ Discussion of vignette with Instructor and other students</li> </ul>
<b>R</b> eading/writing	<ul style="list-style-type: none"> <li>▪ Students are encouraged in the first session to keep a notebook</li> <li>▪ Students are directed to stop the video and read the DSM multiple times during the session</li> <li>▪ Discussion board</li> </ul>	<ul style="list-style-type: none"> <li>▪ Chat box available to write comments, post websites</li> <li>▪ Students read their DSMs throughout class</li> </ul>
<b>K</b> inesthetic	<ul style="list-style-type: none"> <li>▪ Each diagnosis is presented through a recorded video</li> <li>▪ Students are encouraged to take notes throughout the session</li> <li>▪ Students must physically click on various icons to advance the content</li> <li>▪ Videos show examples of various symptoms</li> </ul>	<ul style="list-style-type: none"> <li>▪ Role plays</li> </ul>

Levin, S. & Fulginiti, A. (2015). Developing a Blended Learning Course on Psychiatric Diagnosis, Social Work Distance Education Conference.

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